

<b>BANJO ALLERGEN MENU - CHRISTMAS 2020</b>	1. Celery	2. Cereals Containing Gluten	3. Crustaceans	4. Egg	5. Fish	6. Lupin	7. Milk	8. Molluscs	9. Mustard	10. Tree Nuts	11. Peanuts	12. Sesame seeds	13. Soya	14. Sulphur dioxide / Sulphites
<b>FIRST COURSES</b>														
Chilled Jersey rock oysters								✓						
Spinach and chickpea falafel	☐								☐			✓	✓	
Smoked mackerel mousse	☐	✓		☐	✓		✓		✓	☐		☐		✓
Vietnamese duck salad	☐	☐	☐ <sup>2</sup>		☐ <sup>2</sup>			☐ <sup>2</sup>	☐			✓	✓	✓
Beauvale blue cheese salad							✓		✓	✓	☐		✓	
Scottish smoked salmon	✓	✓	☐ <sup>2</sup>	✓	✓		✓	☐ <sup>2</sup>	✓				✓	
<b>MAIN COURSES</b>														
Wild mushroom orecchiette	✓	✓					✓						✓	✓
Turkey wrapped in bacon	✓	✓	☐ <sup>2</sup>	✓	☐ <sup>2</sup>		✓	☐ <sup>2</sup>	☐	✓			✓	✓
Pigeon	✓		☐ <sup>2</sup>		☐ <sup>2</sup>		✓	☐ <sup>2</sup>					✓	✓
Goan coconut king prawn curry	☐		✓		☐ <sup>2</sup>			☐ <sup>2</sup>	✓				✓	✓
Cod	✓		✓	✓	✓		✓	☐ <sup>2</sup>	✓				✓	✓
<b>PUDDINGS</b>														
Baileys panna cotta				✓			✓			✓	☐			✓
Apple tarte tatin		✓		✓			✓			☐	☐		✓	
Vanilla crème brûlée		✓		✓			✓			☐	☐			
Seasonal fruits and berries										☐	☐		☐	
Traditional Christmas pudding		✓		✓			✓			✓	☐			✓
Beauvale blue cheese	✓	✓		✓			✓			✓	☐			
Clara goats' cheese	✓	✓		✓			✓			✓	☐			
Kaltback Swiss cows' cheese	✓	✓		✓			✓			✓	☐			
Old Winchester English cows' cheese	✓	✓		✓			✓			✓	☐			

- ✓ = Contains allergen
- ☐ = Contains ingredient with label that indicates may contain allergen.
- ☐<sup>1</sup> = Salad dressing only contains ingredient with label that indicates may contain allergen.
- ☐<sup>2</sup> = Cross-contamination risk due to cooking method.

We recommend that guests with severe food allergies choose a complete dish from this allergen menu so they can check it does not contain the relevant allergens. All food is prepared in a kitchen which handles allergens. We do our best to reduce the risk of cross-contamination and provide allergen and cooking information so that customers can make their own decision about what dish to eat. We cannot guarantee that any of our dishes are free from allergens. Certain cooking methods (for example deep frying or grilling) may result in exposure to allergens from other dishes cooked using the same method and may therefore not be suitable for people with allergies.

Further information can be found at [jprestaurants.com/food-allergy-policy](http://jprestaurants.com/food-allergy-policy).